Dear Parents/Guardians:

Welcome to Early College High School @ DSU. My name is Kate Krieger MSN, RN, and I am the school nurse. I have over 11 years of pediatric nursing experience and 4 years experience as a school nurse. I look forward to an exciting, safe and healthy school year and getting to know your student. I would like to outline some of the guidelines and requirements of the Nurse’s Office.

1. 9th grade physicals are due no later than the 1st day of school in August. Each 9th grade student is required to have a physical on file in the nurse’s office. The physical can be accepted within a two year timeframe. Therefore, physicals must be dated September 30, 2023 or later to be accepted.

2. Immunizations required by the State of Delaware include:
   a. 5 doses of DTAP
   b. 4 doses of Polio (IPV, OPV)
   c. 3 doses of Hepatitis B
   d. 2 doses of MMR
   e. 2 doses of Varicella (chicken pox)

   Please be sure your student has received all vaccinations prior to the 1st day of school in August. Take this paper with you to the physician during your student’s physical and ensure that your student meets these requirements.

3. Tuberculosis questionnaires or a PPD are required for students entering public schools for the first time. This means if your student is coming to ECHS from a private school, home school or out-of-state school they must have this questionnaire on file in the nurse’s office. Please let me know if this applies to your child and I will send home a questionnaire to fill out and return.

4. A health history update is required by the school for all students to help the nurse get to know your student. Please fill this out and return it as soon as possible during Summer Bridge.

5. If your student needs to take prescription medication during the school day, a permission to administer medication form must be filled out for each medication
your child is taking. **All medications must be supplied in the original or prescription container. All medications must be kept in the Nurse’s Office including Motrin, Tylenol, Cough Drops, Cough Syrup or any cold medications.** These guidelines are for the safety and protection of all the students. The nurse may keep a 30 day supply of daily medications on site for those students who need to take medication daily. If your student takes daily medication in the morning and you are concerned he/she may forget to take a dose, you may leave a 5 day supply with the Nurse. In this case the parent/guardian would have to call me and instruct me to administer the medication. I do have a nebulizer machine for those that need asthma medication via nebulizer; however, you must supply the tubing and mouth piece. **Students may not bring in their own medications to take on their own.** See below for epi-pens and rescue inhalers.

6. If your student has asthma, anaphylaxis allergies, diabetes, seizures or any other severe medical condition, I will need a care plan in the nurse’s office for your student. **A care plan must be filled out by the doctor and is required to be turned in by Thursday, July 2, 2015.** Those who have rescue inhalers and epi-pens, it is recommended that they carry these medications with them at all times. This is because students will be traveling off ECHS campus to DSU campus. You may keep a spare epi-pen or inhaler in the nurse’s office in case your child forgets their medication. Parents/Guardians must also fill out permission to carry and administration of medication forms. If you have any questions about the care plan process or carrying medications, please contact me at 302-678-3247.

7. On the first day of school, your student will receive an emergency card, required by the State of Delaware. Please fill out this card as accurately as possible. **It is due on Thursday, June 24-2015.** It will be kept in the nurse’s office and used if your child gets sick or has a medical emergency while here at school. **It is very important to keep this information current.**

8. **It is very important that we have current phone numbers and e-mail addresses on file.** If you change residences during the school year, please update the school records. If your emergency contact information changes, please let us know that also.

9. All students who enter the Nurse’s Office are triaged and treated based on their symptoms. Each student is logged into our computer system. If your child becomes ill while at school, I will attempt to treat their illness with over the counter medications, such as Tylenol, Motrin, cold packs and other treatments if possible. If this is not possible, I will telephone the parent/guardian for transportation home. Anyone with a fever of 100.1 degrees Fahrenheit or higher will need to go home and/or be kept home from school. A child who vomits or has two episodes of diarrhea must go home. **A student must be vomit, diarrhea and fever-free for 24 hours to return to**
school. Any student who is diagnosed with an infection should be on antibiotics for 24 hours before returning to school. Please use your best judgment when sending your child to school. If they are sick, please keep them home. Please sign the section on the emergency card that allows the nurse to give over the counter medication. It saves the nurse from having to call parents each and every time your child is at the nurse.

10. Students are allowed to carry water bottles during the school day. We do have water coolers for students to use.

Your children are important to me. I look forward to getting to know them and your family this school year. If you have any other questions or concerns, I am always happy to talk with you. Please stop by the Nurse’s Office or call me at 302-678-3247.

Again, welcome to Early College High School @ Delaware State University.

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